



On Track

No 5 Saturday 17 October 2008

EVENTS

Upcoming Events for
your Calendar

Trans Tasman Entries Close

Saturday 18th October

BEIC Course

Sun 19th October

State Relays Homebush
22nd/23rd November

SPONSORS

**Mt Kuring-gai
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TOSHIBA

Trans Tasman Challenge—Under 11 and 12's

This competition is held every year for the Under 11 and 12 age groups, alternating between New Zealand and Sydney. This year the event takes place in Homebush on 18 January 2008.

For important information please see the notice board or visit the LAANSW web site.

All entries must be on the official form and can only be submitted through the club. We will close entries on Saturday 18th October as these have to be with NSW LAA by Wednesday 22nd October - no late entries are accepted.

BEIC Course

A quick reminder to all parents that have registered an interested in the BEIC. The course will be held tomorrow. Details are as follows:

Date: Sunday 19th October
Time: 10am to 4pm
Where: Foxglove Oval Mt Colah
Cost: Nil, Zilch, Nothing
Lunch: Sausage Sizzle provided

State Relay

State Relay selections for Under 8 - 17 were distributed last week. Please let your age manager know ASAP if your child will or will not be attending.

This year state relays are again a 2 day event with seniors (U12-U15) on Sunday and juniors (U8-U11) on Saturday. This format proved very popular last year with smaller number each day and a much more informal and relaxed atmosphere than the previous years single day program

State Relay training will commence this Sunday October 19, 8.45 - 10.15am at Foxglove Oval.

PLEASE NOTE THAT THERE WILL BE NO FOXGLOVE COMPETITION ON SAT 22nd NOVEMBER

Awards

Congratulations to the following athletes:

6 PB's on 11/10/08: Sasha Deffert (6G), Jarad Buckingham (6B), Billy Pollard (7B), Emma Gallagher (8G), Jessica Corcoran (10G), Natalia Mageropoulos (10G), Joshua Baddock (10B), Anna Skelly (11G), Nathan Sim (15B).

5 PB's on 11/10/08: Caitlyn Byrne-Budd (6G), Sarah Flavell (6G), Annabelle Mitchell (6G), Oliver Lenehan (6B), Liam Oliver (6B), Marissa Allan (7G), Nabeel Ali (7B), Adrain Schoenmaker (7B), Hayley Millington (8G), Moira Watts (8G), Zac Bocalatte (8B), Sarah Playford (9G), Jack Dempsey (9B), Aaron Halvey (9B), Tor Wei Lim (9B), Jacob Zafos (9B), Andrew Allan (10B), Thomas Bostleman (10B), Trey Sumner (10B), Lor'ence Gosbee (11G), Sam Bird (11B), Campbell Lemckert (11B), Mitchell Fury (12B), Paul Turin (12B), Hayley Bird (13G), Christopher Chan (15B), Ben Heath (15B).



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TOSHIBA

Mini Programs

Do you have trouble remembering what events you have each week? We have the solution - Mini Programs! These awesome little programs can be used every week. They can fit in any pocket, and are only 50c each! Buy these cool programs from us - Adam (U11 Boys) and Bethany (14 Girls) Halmy. We will be selling from outside the canteen before and after Saturday competition.

Age Manager Reports—Saturday 11th September

Under 10 Boys: Great results for a cooler morning. 47 PBs from 18 boys. Excellent work from Andrew, Trey & Thomas with 5 PBs each.

Under 11 Boys: A small but committed group today. Lot's of PB's, with most boys earning at least 2PB's and Sam Bird achieving 5. Great to see a few more boys attempting triple jump. Keep up the good work and behaviour boys!

Under 11 Girls: What a brilliant day for PBs & CBs. Anna S with a fantastic effort got 6 PBs, Tara K and Lorence G got 5 PBs with Tara & Emma F getting 2 CBs each. Emma F & Rebekah H 4 PBs each; Maddison W, Quinn B, Emma C, Leah McN & Jessica B 3 PBs each; Lilly M, Tricia B & Nakita J 2 PBs each; Lucy C, Annabelle M & Hannah H 1 PB each. That means all of our girls achieved a PB today. Well done girls.

Under 13 Boys: A small team of 5 boys participated today. They achieved 10 PB's and 1 CB. Special mention goes to Glenn for 5 PB's. Well done boys!!

New Centre Record